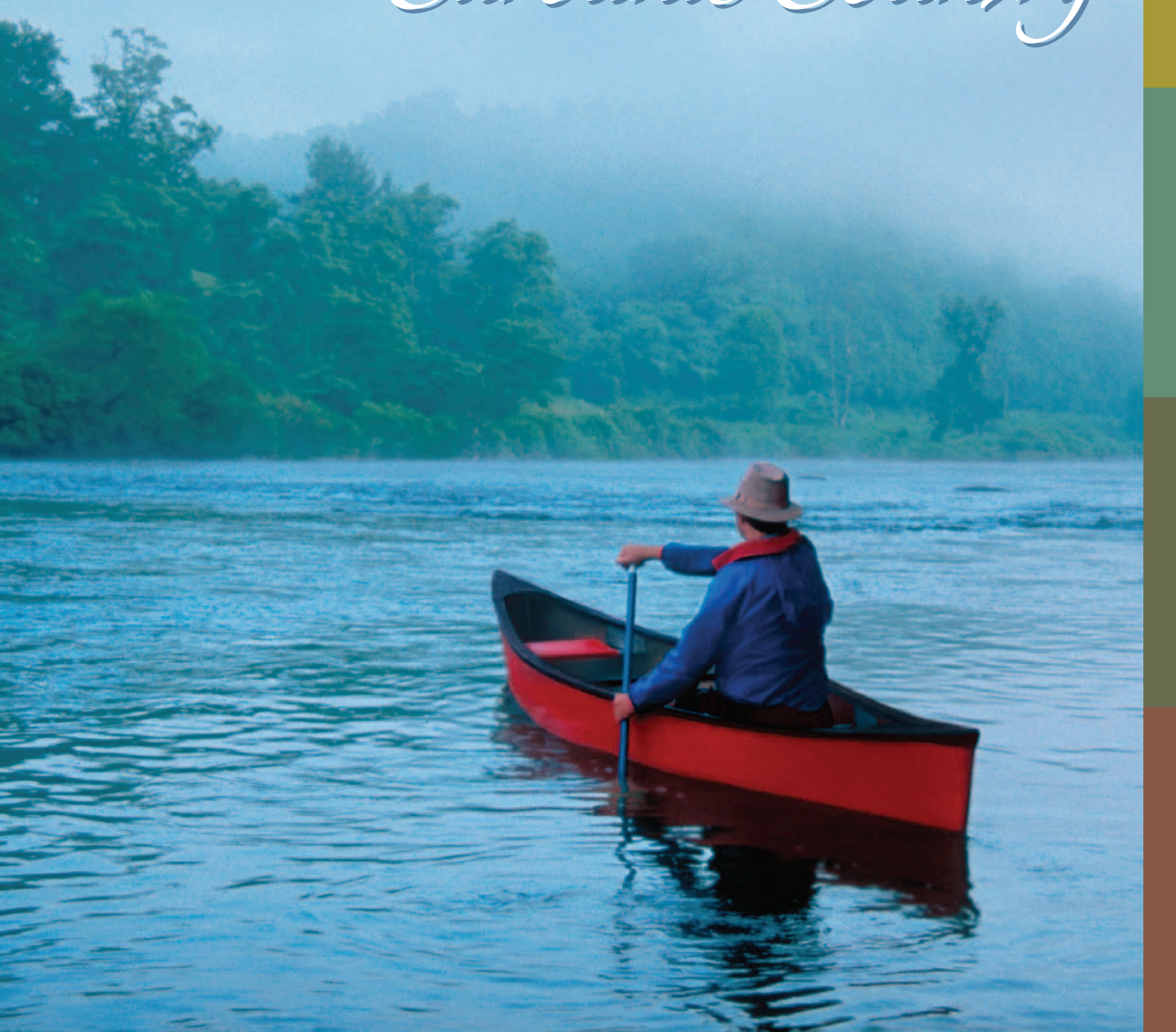


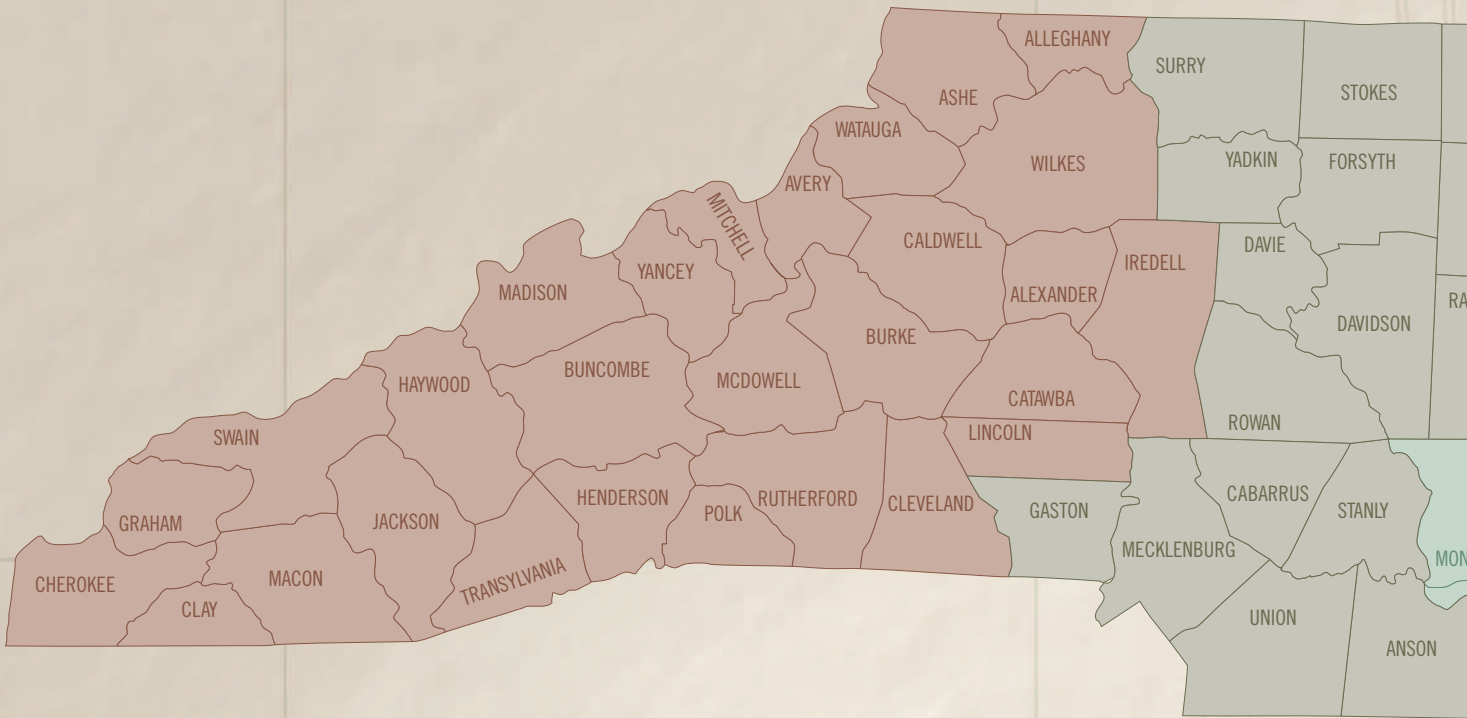
2005 Touchstone Energy Outdoors Guide

Your Touchstone Energy® Cooperatives 
The power of human connections®

Experience Carolina Country



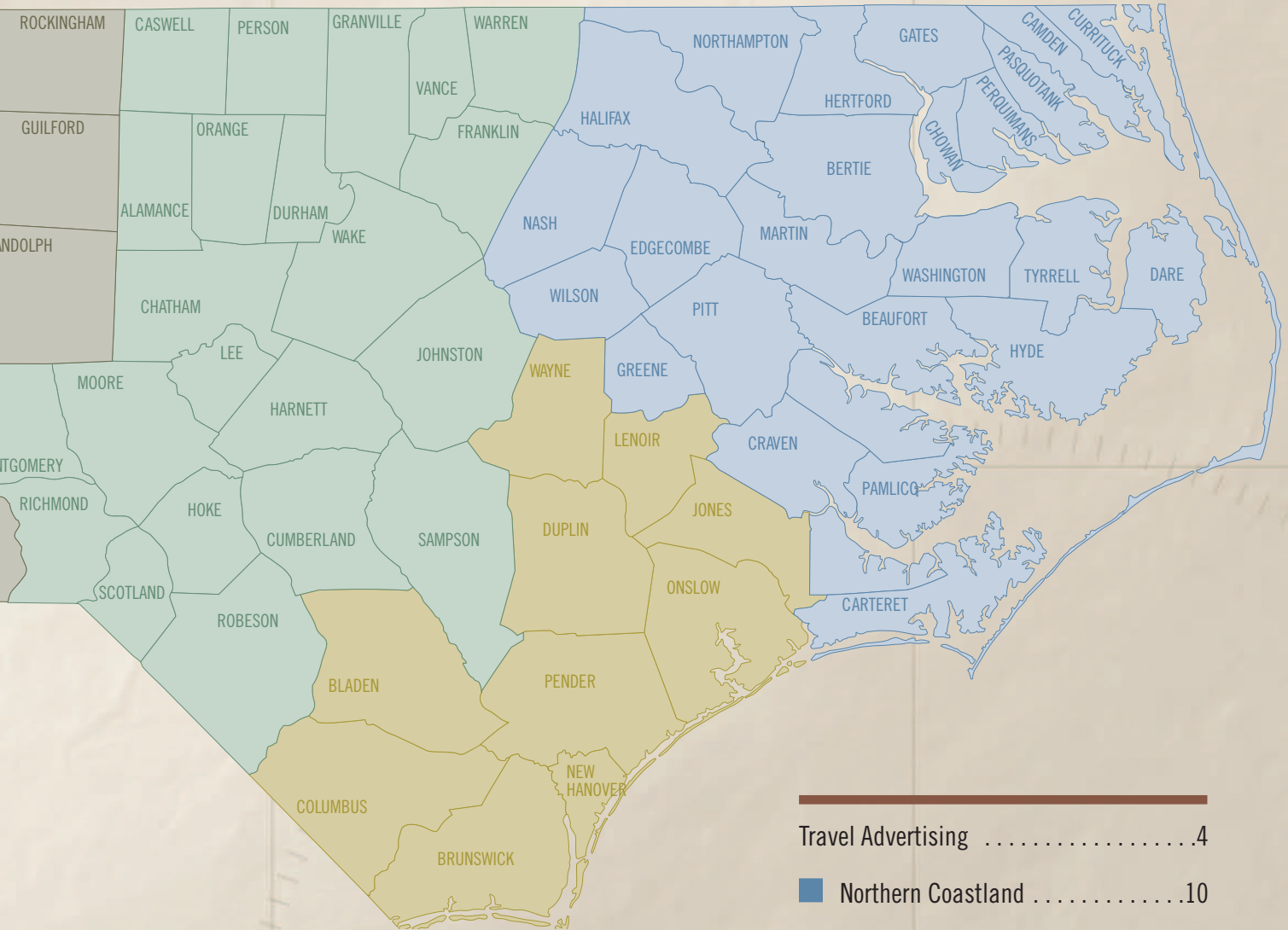
Experience Carolina Country



This is the 11th edition of Carolina Country's travel guide to North Carolina, sponsored by North Carolina's Touchstone Energy cooperatives and our advertisers. The popular guide has grown to a point where we decided this year to limit its scope. The next 38 pages of this year's "Experience Carolina Country" guide contain general resource information on visiting all regions of the state and specific information on North Carolina's public outdoor attractions. We appreciate the help we receive each year from the regional Convention and Visitors Bureaus, tourism agencies and chambers of commerce who update and append the resource information in this guide. We wish you all safe and happy travels throughout North Carolina. Wherever you go, you're likely to see the areas served by the state's Touchstone Energy cooperatives.

2005 Touchstone Energy Outdoors Guide

Your Touchstone Energy® Cooperatives 
The power of human connections®



Travel Advertising	4
 Northern Coastland	10
 Southern Coastland	17
 Eastern Piedmont	21
 Western Piedmont	27
 Mountains	32

This supplement to Carolina Country is brought to you by North Carolina's Touchstone Energy cooperatives, serving nearly 2 million people in 93 North Carolina counties. We bring the power of human connections to all regions of North Carolina. Touchstone Energy cooperatives nationwide are committed to integrity, accountability, innovation and community involvement.

Editors
Michael Gery
Renee Gannon
Karen House

Designers
Warren Kessler
Tara Verna
Dan Kurtz

Advertising
Jennifer Boedart Hoey
Jenny Lloyd

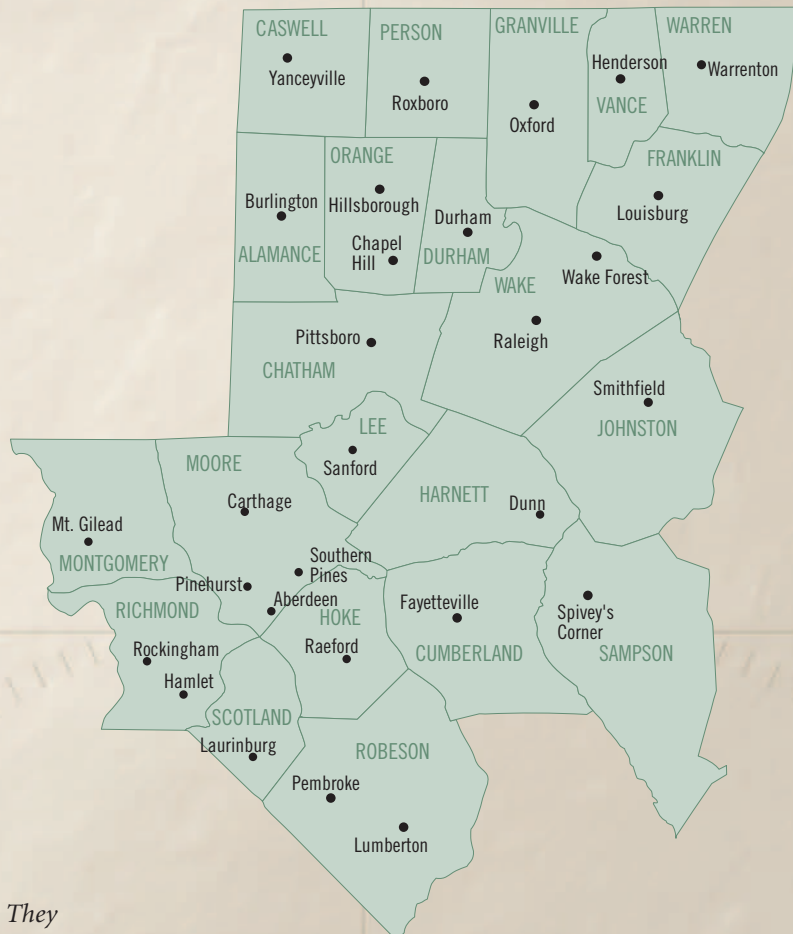
Eastern Piedmont

This is where you go to get smart. If you're already smart, you stay here. Why that is, nobody knows. Or maybe they haven't told anybody.

The best and the brightest planned Raleigh, Durham, Chapel Hill, RTP, Wake Forest, Sanford, Fayetteville, Pinehurst, Southern Pines, Aberdeen, Rockingham, Laurinburg and Lumberton. And they're still doing it. They give us art, music, government, medicine, research, military prowess and the best of golf and college basketball. These places even look bright.

In between them you see tranquility, from the Person County countryside to Jordan Lake's wellspring to Haw River's rapids through the Sandhills into Lumbee country.

Maybe the North Carolina accent is fading here. But if you look hard and listen—at a legislative committee hearing in the Lillington courthouse or at a Franklin County church supper, you'll understand where you are. This is the hub of North Carolina.



The Cape Fear River Trail links Fayetteville and Cumberland County to the East Coast Greenway which will run from Maine to Florida.

What's outside

Alamance Battleground State Historic Site, Burlington.

Site of the battle that ended the War of the Regulation.

(336) 227-4785

www.ah.dcr.state.nc.us/sections/hs/alamance/alamanc.htm

Averasboro Civil War Battleground & Museum.

March 1865 military action, highlights Lebanon, a plantation home used as a Confederate hospital, and the Chicora Cemetery.

(910) 891-5019

www.averasboro.com

B. Everett Jordan Lake. U.S. 64, between Raleigh and Pittsboro.

47,000-acre recreational lake.

(919) 362-0586

Bass Lake Park, Holly Springs.

Includes walking trail with scenic overlooks, free fishing gear for children, handicapped-accessible fishing pier, environmental programs, canoe rentals and more.

(919) 557-2496

www.hollyspringsnc.us

Bennett Place State Historic Site, Durham.

Meeting place for Civil War generals.

(919) 383-4345

www.ah.dcr.state.nc.us/sections/hs/bennett/bennett.htm

Bentonville Battleground, Four Oaks.

Site of N.C.'s largest land Civil War battle.

(910) 594-0789

www.bentonvillebattlefield.nchistoricsites.org

Bethesda Church and Cemetery, Aberdeen.

1790 historic church.

(910) 944-1319

Bicycle routes around Moore County.

Rentals and maps available.

(910) 692-3330

Burlington City Park.

Features 1910 Dentzel Menagerie Carousel, miniature train, amusement rides, aquatic and tennis center.

(336) 222-5030

www.burlingtoncitypark.8k.com

Cape Fear Botanical Garden, Fayetteville.

On 85 acres where the Cape Fear River and Cross Creek meet. Includes more than 2,000 varieties of perennials, annuals, native species, shrubs and trees.

(910) 486-0221

www.capefearbg.org



Lumbee River State Park.

Cape Fear Canoe Trail.

Canoe through the history of the Cape Fear River.

(910) 892-3282

Cape Fear River Trail, Fayetteville.

3.7-mile paved trail, part of the East Coast Greenway.

(910) 433-1547

Carroll Howard Johnson Environmental Education Park, Fuquay-Varina.

1.5 to 2 miles of interpretive walking trails.

Free teaching kits for K-12.

(919) 552-4947

Cedarock Historical Working Farm & Park, Burlington.

414-acre park and working farm.

(336) 570-6769/(336) 570-6760

www.alamance-nc.com/rec/historic.htm

Chatham County Bicycle Trails, Pittsboro.

Request a free map of the 200-mile system.

(800) 316-3829

www.visitpittsboro.com

Clark Park Nature Center, Fayetteville.

Second largest regional park in the city offers three trails along Cape Fear River.

(910) 433-1579

Clemmons Educational State Forest, Clayton.

The state's first educational forest with recreation, education, primitive camping. (919) 553-5651
www.dfr.state.nc.us/esf/cesf/cesf_home.htm

Confederate Cemetery, Kittrell.

Resting place for 52 soldiers from Va., N.C., S.C., Ga. (252) 438-2222

Cross Creek Cemetery, Fayetteville.

Contains oldest Confederate monument in N.C. (910) 433-1612

Deep River Camelback Truss Bridge, near Deep River Park, Chatham County.

1908 bridge listed on National Register of Historic Places. (800) 316-3829
www.visitpittsboro.com

Deep River Park, Gulf.

40 acres with picnic tables, canoe access and site of Historic Camelback Bridge. (800) 316-3829
www.visitpittsboro.com

Devil's Stompin' Ground Road, Chatham County.

On NC Scenic Byway (NC-902). Named from a local legend nearby. Leads to Bear Creek, where one can tour the home of Southern Supreme bakery. Begins in Pittsboro. (919) 733-2920/(800) 429-9297/(800) 316-3829
www.byways.org/browse/byways/12816

Duke Forest, Durham.

8,300-acre natural area and environmental laboratory. (919) 613-8013
www.env.duke.edu/forest

Duke Homestead and Tobacco Museum, Durham.

Ancestral home of the Duke family. (919) 477-5498
<http://metalab.unc.edu/dukehome>

Duke University East Campus Walking Trail, Durham.

60-minute self-guided tour of Duke's old campus and historic neighborhoods. www.owdna.org/tour.htm

Dunn-Erwin Trail.

5.3-mile bicycle and walking trail stretching from Dunn to Erwin. (910) 892-3282

Eno River State Park/West Point on the Eno, North Durham.

2,600 acres. Five access areas: Cabe Lands, Cole Mill, Few's Ford, Pleasant Green and Pump Station. Canoeing, fishing, hiking. (919) 383-1686
<http://ils.unc.edu/parkproject/visit/enri/home.html>

Falls Lake, northwest of Raleigh.

12,000-acre lake; 26,000 acres of woodlands. Recreation areas include: Beaverdam, B.W. Wells, Highway 50, Holly Point, Rolling View, Sandling Beach and Shinleaf. (919) 676-1027

Fayetteville Rose Garden.

On FTCC campus. (910) 678-8288

Flora Macdonald Campus and Gardens, Red Springs.

10 acres known for azaleas in Spring. (910) 843-5000

Fox Pond Park, Henderson.

Offers tennis courts, softball/baseball fields, playground, horseshoes, shuffleboard, volleyball, picnic area, nature trails. (252) 431-6095
www.ci.henderson.nc.us

Fuquay Mineral Spring Park, Fuquay-Varina.

Site of the natural spring which led to development of the Fuquay Springs community. (919) 552-4947

Harper Park, Knightdale.

Offers tennis courts, picnic shelters, children's park with playground. (919) 266-2232

Haw River, Pittsboro.

Canoe and kayak instruction, other water-sports. (800) 316-3829
www.visitpittsboro.com

Haw River Trail.

38 miles of flat water canoeing through the heart of Alamance County. (336) 513-5510
www.hawrivertrail.org



Fly fishing on Big Lake at William B. Umstead State Park.

Hill Ridge Farms, Youngsville

Playground, hayrides, fish feeding dock, petting zoo, train, picnic areas offered. (800) 358-4170
www.hillridgefarms.com

Howell Woods, Johnston County.

Donated to Johnston Community College in 1993, 2,800 acres of an "outdoor classroom." (919) 938-0115
www.johnstoncc.edu/information/howellwoods/howellwoods.htm

Hyc0 Lake, northwest of Roxboro.

3,750-acre lake with 65-acre park, camping, picnic areas, fishing, swimming, boating. (336) 599-4343

J.C. Raulston Arboretum at N.C. State, Raleigh.

Nationally-acclaimed garden with diverse plant collection adapted for use in the southeastern United States. (919) 515-3132
www.ncsu.edu/jcraulstonarboretum/

Jordan Lake Educational State Forest, Chapel Hill.

400 acres of Piedmont forest, wildlife, programs, talking tree trail, picnic areas. (919) 542-1154
www.dfr.state.nc.us/esf/jlesf/jlesf_home.htm

Jordan Lake State Recreation Area, Pittsboro.

13,900-acre lake with 9 recreation areas, sail, swim, waterski, bike, hike, bird watch, children's and family events. (919) 362-0586/(800) 316-3829
www.ils.unc.edu/parkproject/visit/jord/home.html

Kerr Lake State Recreation Area.

50,000 acres, stretches across N.C./Va. Border, 700 campsites, fishing, swimming and sailing, marinas, fishing pier, picnic shelters, community buildings. (866) 438-4565/(252) 438-7791/(252) 438-2222
www.kerrlake-nc.com

Knightdale Environmental Park.

Offers a half-mile walking trail, picnic shelters, four environmental sculptures and two observation overlooks. (919) 266-2230

Lake Benson Park, Garner.

64-acre park with lake, walking trails, playground and picnic shelters. (919) 772-4688

Lake Crabtree County Park, Morrisville.

Hiking trails, playground, picnic, boat rentals, fishing pier. (919) 460-3390
www.wakegov.com/locations/lakecrabtree.htm

Lake Wheeler, south of Raleigh.

Raleigh's second auxiliary water supply included in 800 acres. (919) 662-5704
www.raleighnc.org/parks&rec/wheeler

Little River Regional Park and Natural Area, Orange and Durham Counties.

14 miles of walking and mountain biking trails. (919) 732-5505

Lumber River State Park, Orrum.

115 miles of state scenic waters. (910) 628-9844
www.ils.unc.edu/parkproject/visit/luri/home.html

Malcolm Blue Farm and Museum, Aberdeen.

Antebellum farm on National Register of Historic Places. (910) 944-7558
www.malcolmbbluefarm.org

Martin Luther King Jr. Memorial Gardens, Raleigh.

First public park in U.S. solely dedicated to the memory of Dr. Martin Luther King Jr. (919) 834-6264
www.king-raleigh.org

Mayo Park, northeast of Roxboro.

Offers hiking trails, picnic tables, camping, cabins, canoes, kayaks, fishing. (336) 597-1755

Montrose Gardens, Hillsborough.

Nationally-known 19th century gardens. (919) 732-7787

Mordecai Historic Park, Raleigh.

Home of Andrew Johnson's (17th president of the U.S.) birthplace. (919) 834-4844
http://capitalareapreservation.org/park.html

Noah's Landing.

12-acre animal farm open to public and field trips. (910) 897-NOAH (6624)

North Carolina Botanical Garden, Chapel Hill.

Largest natural botanical garden in the southeast. (919) 962-0522
www.ncbg.unc.edu



Mountain Habitat Garden at the North Carolina Botanical Garden in Chapel Hill.

Chapel Hill/Orange County Visitors Bureau



Camping at Eno River.

Parrish Womble Park, Holly Springs.

46-acre park features athletic complex with lighted baseball/softball fields, multi-purpose field, soccer fields, horseshoe pits, volleyball court, picnic shelters, outdoor stage and multi-purpose playground.
(919) 557-9600
www.hollyspringsnc.us

Piedmont Community College Nature Trail, north of Roxboro.

7 trails cover 2.5 miles.
(336) 599-1181, ext. 257

Pullen Park, Raleigh.

Features a restored 1911 Dentzel carousel, paddle lake, miniature train, children's playground, picnic shelters.
(919) 831-6468

Raven Rock State Park, Lillington.

Offers hiking, horseback riding, canoeing, fishing, camping, picnicking.
(910) 893-4888
www.ils.unc.edu/parkproject/visit/raro/home.html

Sandhills Gamelands.

More than 30,000 acres in Richmond and Scotland counties.
(919) 281-3917

Sandhills Horticultural Garden, Pinehurst.

Includes largest holly garden on East Coast, roses, conifers, rhododendron and azaleas; native wetland trail and formal English garden.
(910) 695-3882/(919) 692-6185
www.sandhills.cc.us/lsg/hort.html

Sarah P. Duke Gardens, at Duke University, Durham.

55 landscaped areas.
(919) 684-5579
www.hr.duke.edu/dukegardens

Southern Pines Reservoir Park.

More than 4 miles of hiking and biking trails.
(910) 692-2463

The House in the Horseshoe State Historic Site, near Carthage.

Colonial plantation complex.
(910) 947-2051
www.ah.dcr.state.nc.us/sections/hs/horsesho/horsesho.htm

The Maze, Dunn.

Large puzzle of twists and turns carved into a Dreamfield Farms cornfield.
Open Sept.–Thanksgiving.
(910) 892-3047

Town Creek Indian Mound State Historic Site, near Mt. Gilead.

500-year-old burial site, demonstrations, festivals, museum.
(910) 439-6802
www.ah.dcr.state.nc.us/sections/hs/town/town.htm

University Lake, Chapel Hill.

213-acre lake. 811-foot-long dam. Fishing, kayaking, sunbathing.
(919) 942-8007
www.owasa.org

Uwharrie Lakes Region Scenic Byways.

From U.S. 64/N.C. 49 in Asheboro, follow N.C. 49 through the geologic area known as the "Carolina Slate Belt" southwest toward Concord.
(704) 422-3215
http://www.doh.dot.state.nc.us/operations/dp_chief_eng/roadside/scenic/

Uwharrie National Forest/Birkhead Wilderness Area. N.C. 24/27, west of Troy.

Ancient mountains include Badin Lake, trails, hiking, biking, horseback riding, camping.
(910) 576-6391
www.cs.unca.edu/nfsnc

Weymouth Woods Nature Preserve, Southern Pines.

600 acres of natural areas, plus hiking trails.
(910) 692-2167
www.ils.unc.edu/parkproject/visit/wewo/home.html

William B. Umstead State Park, Raleigh.

5,439-acre park with three lakes. Stand of 300-year-old hardwoods. Camping and cabins, fishing, 16 miles of biking/bridle trails, and 16 miles of hiking trails.
(919) 571-4170
www.ils.unc.edu/parkproject/visit/wium/home.html

Willow Pond Farmstead, Coats.

Farming operation, nature trails, hayrides, tobacco barn museum, ponds stocked with fish, paddleboats.
(910) 897-2975
www.willowpondfarmstead.com

Yadkin-Pee Dee River Trail.

233-mile Class I trail.
(704) 422-3215

For more information local travel resources

Angier.
(919) 639-2500
www.angierchamber.org

Apex Chamber.
(919) 362-6456/(800) 345-4504
www.apexchamber.com

Benson Chamber.
(919) 894-3825
www.benson-chamber.com
www.bensonmuledays.com

Burlington/Alamance CVB.
(800) 637-3804/(336) 570-1444
www.burlington-area-nc.org

Capital Area Visitor Center.
(919) 733-3456

Cary Chamber.
(919) 467-1016
www.townofcary.org
www.carychamber.com

Caswell County Chamber.
(336) 694-6106

Chapel Hill/Orange County Visitors Bureau.
(888) 968-2060/(919) 968-2060
www.chocvb.org

Chapel Hill-Carrboro Chamber.
(919) 967-7075
www.carolinachamber.org

Clayton Chamber.
(919) 553-6352
www.claytonchamber.com

Clinton-Sampson County.
(910) 592-6177

Dunn Area Tourism Authority.
(910) 892-3282
www.dunn tourism.org
www.visitDunn.com

Durham CVB.
(919) 687-0288/(800) 446-8604
www.durham-nc.com

Erwin Area.
(910) 897-7300
www.erwinchamber.com

Fayetteville Area CVB.
(800) 255-8217/(910) 483-5311
www.visitfayettevillenc.com

Franklin County.
(919) 496-3056
www.franklin-chamber.org

Fuquay-Varina Area.
(919) 552-4947
www.fuquay-varina.com

Garner Chamber.
(919) 772-6440
www.garnerchamber.org

Garner.
(919) 772-4688
www.ci.garner.nc.us

Granville County Chamber.
(919) 693-6125/(919) 528-4994
www.granvillecountyonline.com

Greater Durham Chamber.
(919) 682-2133
www.durhamchamber.org

Greater Raleigh Chamber.
(919) 664-7000
www.raleighchamber.org

Greater Raleigh CVB.
(800) 849-8499/(919) 834-5900
www.visitraleigh.com

Hillsborough/Orange County Chamber.
(919) 732-8156
www.hillsboroughchamber.com

Historic Hillsborough
(919) 732-7741
www.historichillsborough.org

Holly Springs Town Hall.
(919) 552-6221
www.hollyspringsnc.us

Hope Mills.
(910) 423-4314
www.hopemillschamber.com

Johnston County Visitors Bureau.
(800) 441-7829
www.johnstoncountync.org

Knightdale Chamber.
(919) 266-4603/(919) 217-2211
www.knightdalechamber.org
www.ci.knightdale.nc.us

Laurinburg/Scotland County Area.
(910) 276-7420

Lillington Area.
(910) 893-3751
www.lillington.org

Lumberton Visitors Bureau.
(800) 359-6971/(910) 739-9999
www.lumberton-nc.com

Montgomery County.
(910) 572-4300
www.montgomery-county.com

Morrisville.
(919) 380-9026
www.morrisvillenc.com

Pembroke.
(910) 521-9758

Person County Tourism.
(336) 597-2689
www.visitroxboronc.com

Pinehurst, Southern Pines and Aberdeen Area CVB.
(800) 346-5362/(910) 692-3330
www.homeofgolf.com

Pittsboro-Siler CVB.
(800) 316-3829
www.visitpittsboro.com

Raeford-Hoke.
(910) 875-5929

Red Springs.
(910) 843-5441

Richmond County Chamber, Rockingham.
(800) 858-1688/(910) 895-9058
www.richmondcountychamber.com

Rolesville Town Hall.
(919) 556-3506
www.ci.rolesville.nc.us

Roxboro Area Chamber.
(336) 599-8333
www.roxboronc.com

Saint Pauls.
(910) 865-4179

Sandhills Area Chamber.
(910) 692-3926
www.sandhillsonline.com

Sanford Area.
(919) 775-7341

Smithfield-Selma Area Chamber.
(919) 934-9166
www.smithfieldselma.com

Spring Lake.
(910) 497-8821

Vance County Tourism Department (Henderson).
(866) 438-4565/(252) 438-2222
www.kerrlake-nc.com

Wake Forest Area.
(919) 556-1519
www.wakeforestnc.com

Warren County EDC.
(252) 257-3114
www.warrencountync.org

Wendell.
(919) 365-6318
www.wendellchamber.com

Yadkin-Pee Dee Lakes Project.
(704) 422-3215
www.lakesproject.org

Zebulon.
(919) 269-6320
www.zebulonchamber.org

NC Division of Parks and Recreation



Jordan Lake State Recreation Area.